

TOUGH

Whether you're racing live against your peers, trying to out-row world-class athletes in "Pros vs. Joes" or being chased by sharks, Aviron's Tough Series Rower will put an end to boring workouts and have you coming back for more.



TOUGH

SERIES ROWER

WORKOUT OPTIONS

VIRTUAL ROWING
Row through the world's most scenic destinations.

GAMES
Outrun hungry wolves!
Escape from zombies!
And many more!

GUIDED PROGRAMS
Designed by pro trainers and athletes, Guided Programs take you on and off the machine for a full body workout.

POWER PLAY
Combine the visual excitement of games with guided programs as you earn points in a race towards your fitness goals.

PROS VS JOES
Compete against professional athletes and Olympians.

COMPETITION
Compete within your community for all the bragging rights.

PERFORMANCE
Data-driven workouts that torch calories while building and toning muscles.

COACHED PROGRAMS
Beginner to expert programs with personal trainer and rowing coach, Austin Hendrickson. Rowing, strength training, stretching and more.



EXCLUSIVE TO AVIRON

You can't get this anywhere else. Industry-leading features unique to Aviron.

- 1 FULLY ANIMATED GAMES**
Explore futuristic worlds and arcade inspired games in this uniquely Aviron feature.
- 2 LIVE PEER TO PEER RACING**
Invite friends to a race, work out alongside one another in the same program or make new friends online.
- 3 BEST IN CLASS RESISTANCE**
Allows you to pull up to 100+ lbs. with each stroke so you can build strength.
- 4 PATENTED AUTO-RESISTANCE CHANGE**
Resistance auto-adjusts to meet your needs so you can focus on your workout.

ROWER TECHNOLOGY

DUAL AIR & MAGNETIC RESISTANCE SYSTEM

The gradual resistance delivered by the air system mimics the feeling of rowing through water, while the resistance delivered by the magnetic system provides exceptionally strong and smooth torque, allowing for both cardio and strength on one machine.

COMMERCIAL-GRADE WHISPER NYLON BELT

Operating at ~60 decibels, which is comparable to conversational volume, the Aviron rowing experience is both quiet and smooth.

ADJUSTABLE HIP/LEG WIDTH

The only connected rowing machine that allows you to increase or decrease the width between feet, hips and legs to your measurements and comfort. Foot pad also adjustable for shoe size.

22" HD TOUCHSCREEN

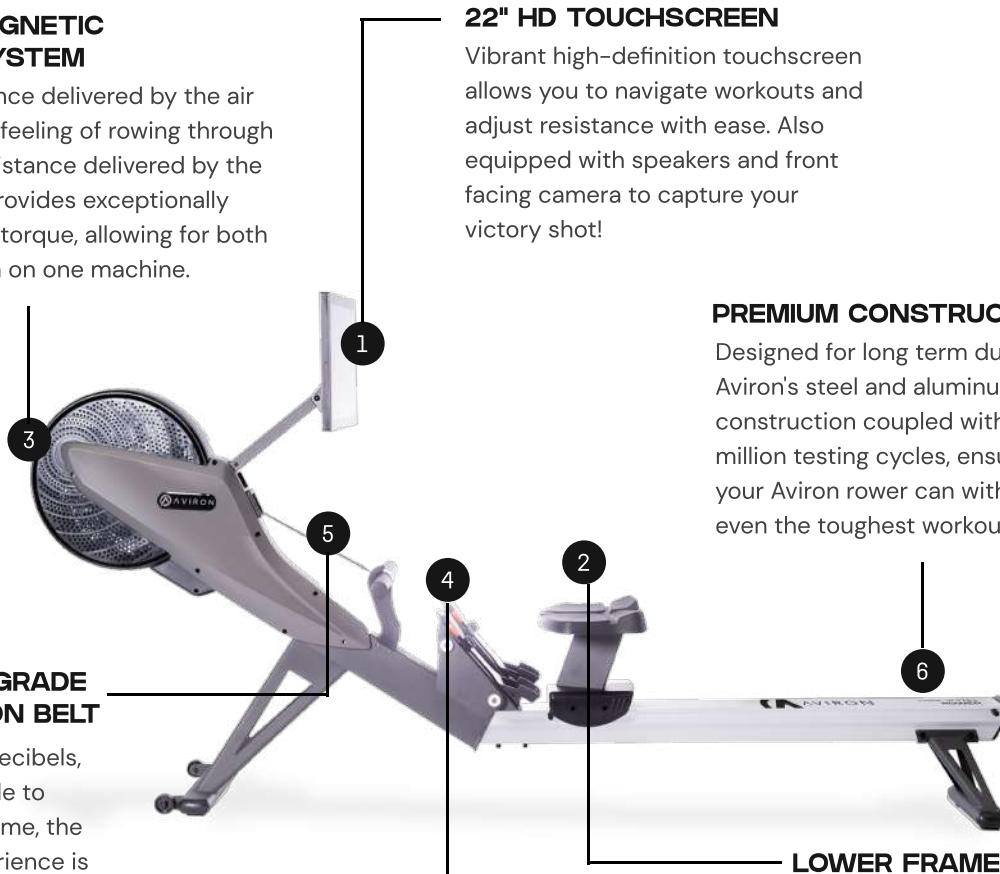
Vibrant high-definition touchscreen allows you to navigate workouts and adjust resistance with ease. Also equipped with speakers and front facing camera to capture your victory shot!

PREMIUM CONSTRUCTION

Designed for long term durability, Aviron's steel and aluminum construction coupled with over 1 million testing cycles, ensures your Aviron rower can withstand even the toughest workouts.

LOWER FRAME & ELEVATED SEAT

The combination of a low frame and elevated seat make Aviron the most accessible rower on the market. Step over easily and sit down comfortably every time. No more crouching!



ROWER



FRAME
High strength aluminum

RESISTANCE
Dual air & magnetic resistance

BELT
Whisper nylon belt

SEAT HEIGHT
20" seat height + low frame

DIMENSIONS (L X W X H)
98 x 21 x 44 inch/ 246 x 53 x 108 cm

ROWER WEIGHT
125 LBS / 57 KG

MAX USER WEIGHT
507 LBS / 180 KG

TOUCHSCREEN



SCREEN
22" HD TOUCHSCREEN

MEMORY
4GB RAM

STORAGE
32GB eMMC flash

OS
Android

WIFI
802.11 b/g/n/ac

BLUETOOTH
4.1

CAMERA
2 megapixel front-facing

SPEAKERS
2x2 watt stereo

CERTIFICATIONS
FCC, CE & IC