



# TOUGH & IMPACT SERIES ROWERS



# END BORING WORKOUTS

At Aviron, we get it. You enjoy working out and the benefits it brings but hate how boring it can be. Transport yourself to scenic destinations, a place of fierce competition or self-improvement through one of Aviron's many exciting and engaging workouts.



## PURE EXHILARATION

Unleash endorphins, crush calories, strengthen muscle, and build endurance during our immersive challenges.



## ENGAGING EXPERIENCE

Aviron connects you with others, holds you accountable to your goals, and provides that extra motivation to work out more often and with greater intensity.



## THE SCIENCE

Did you know that your performance can improve by 107% when you exercise with others? Aviron brings out your best.



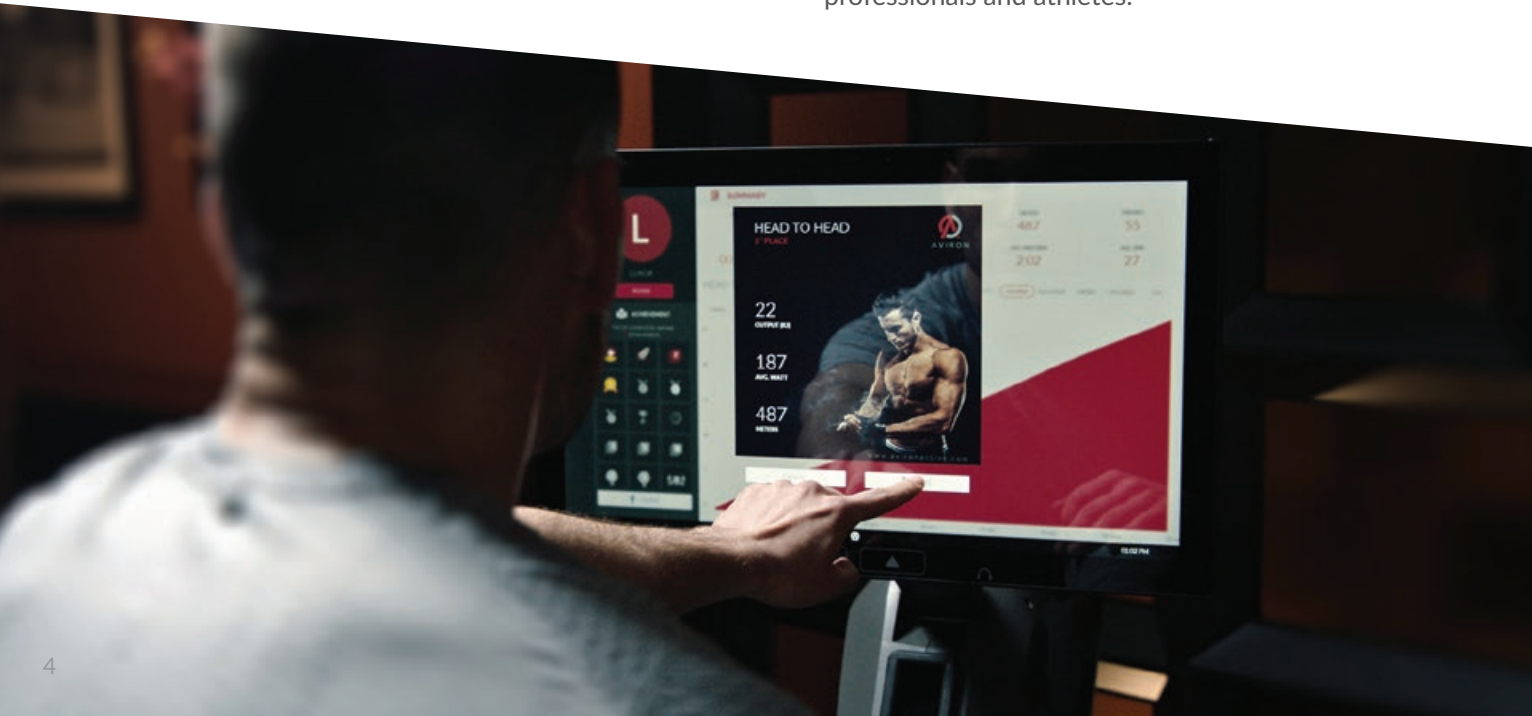
# CONNECTED. IMMERSIVE. EXHILARATING

## VIBRANT 22" HD TOUCHSCREEN

Equipped with a fully immersive, high definition touchscreen, performance metric sensors, and an innovative resistance system, Aviron's state of the art rowers up the ante in effective workouts.

## INTELLIGENT RESISTANCE SYSTEM

Adjust the innovative resistance system to increase the difficulty of your workout, help you close your gap, or extend your lead. Or let Aviron automatically adjust your resistance (patent pending) to meet your fitness goals in workout programs designed by fitness professionals and athletes.



## TEAM WORK

Choose between individual or team workouts. Whether you're tackling them solo or in a group of up to 10 participants, our thrilling workouts will build strength and stamina.

## COMPLETE VISIBILITY

We compile a complete history of you and your friends' workouts, including metrics, achievements, and rewards so you can keep track of each other's successes and stay motivated.





## MORE FEATURES TO KEEP YOU ENGAGED



### WATCH VIDEO TUTORIALS

Worried you won't know what to do? Our videos guide you in setting up your equipment and teach you proper exercise technique to maximize your workouts.



### ADD AND FOLLOW FRIENDS

Add, follow, and challenge friends. Keep track of each other's successes through the comprehensive profile to stay motivated.



### LEADERBOARD

Discover who the top performers are on our global leaderboard.



### PERSONALIZED WORKOUTS

Set your goals and select personalized workouts to improve cardiovascular performance or increase strength, speed, and muscle.



### TOP 3 FINISHERS

Finish a challenge in the top 3 and celebrate by posting a victory photo!



### EARN ACHIEVEMENTS

Achievements are mini rewards to keep you inspired and motivated.





### JELISSA WESTNEY

Pan-Am games medalist and  
D1 All-American sprinter

## WORKOUT TYPES



### VIRTUAL DESTINATIONS

Row through the world's most scenic destinations



### GAMES

Outrun hungry wolves! Escape from zombies! And many more!



### WORKOUT PROGRAMS

Guided workout programs designed by professional trainers and athletes



### PERFORMANCE

Data-driven workouts that improve speed, strength, and endurance



### COMPETITION

Compete within the community for all of the bragging rights



### PROS VS. JOES

Compete against professional athletes and Olympians





## VIRTUAL DESTINATIONS

Travel to new destinations as you row through some of the world's most pristine rivers, waterways, and lakes. Push your endurance within this immersive experience and see untouched regions of the world.

Philippines - Red Lotus Lake



Canada - Toronto Harbourfront Sunrise



Australia - Beach Sunset



+ MORE

## GAMES

Outrun the wolves or zombies as you push yourself to the limits in our mythical worlds. Aviron's advanced artificial intelligent monsters were designed to drive you to new accomplishments as you save yourself and friends.

1-10 PERSONS



+ MORE

## **WORKOUT PROGRAMS**

Designed by some of the most elite fitness professionals, Aviron's workout programs automatically set targets and adjust resistance to elevate your high intensity training to new heights. There are workout programs designed for all fitness levels and goals.



## **PERFORMANCE**

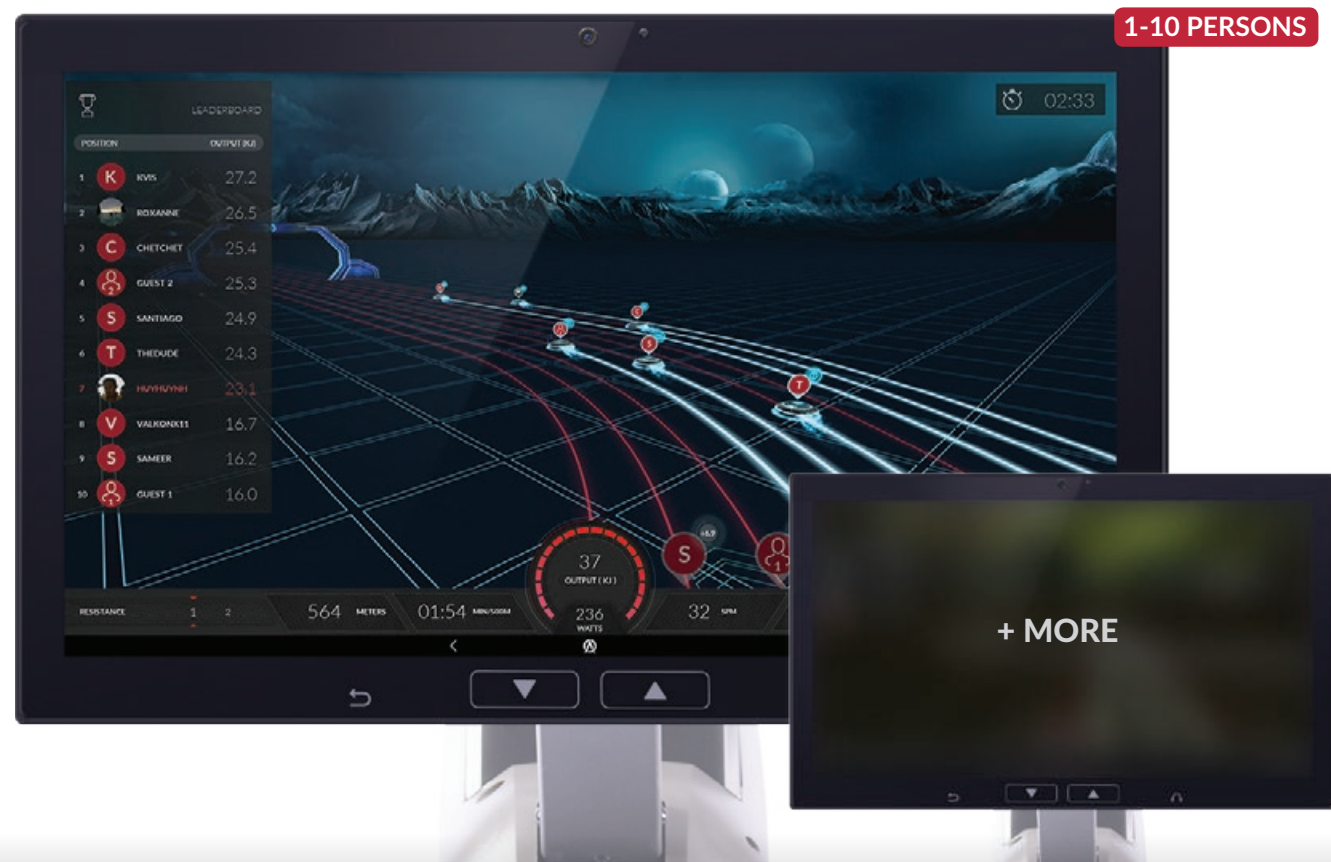
Analyze your endurance, strength, and power as you dive into the data and challenge yourself to reach new goals. Aviron will track these workouts in your account so you can track long-term goals and set personal records.





## COMPETITION

Research shows that competition increases workout attendance by 90% and improves workout performance by 107%. Challenge friends or use Aviron's search feature to find others looking for competition.

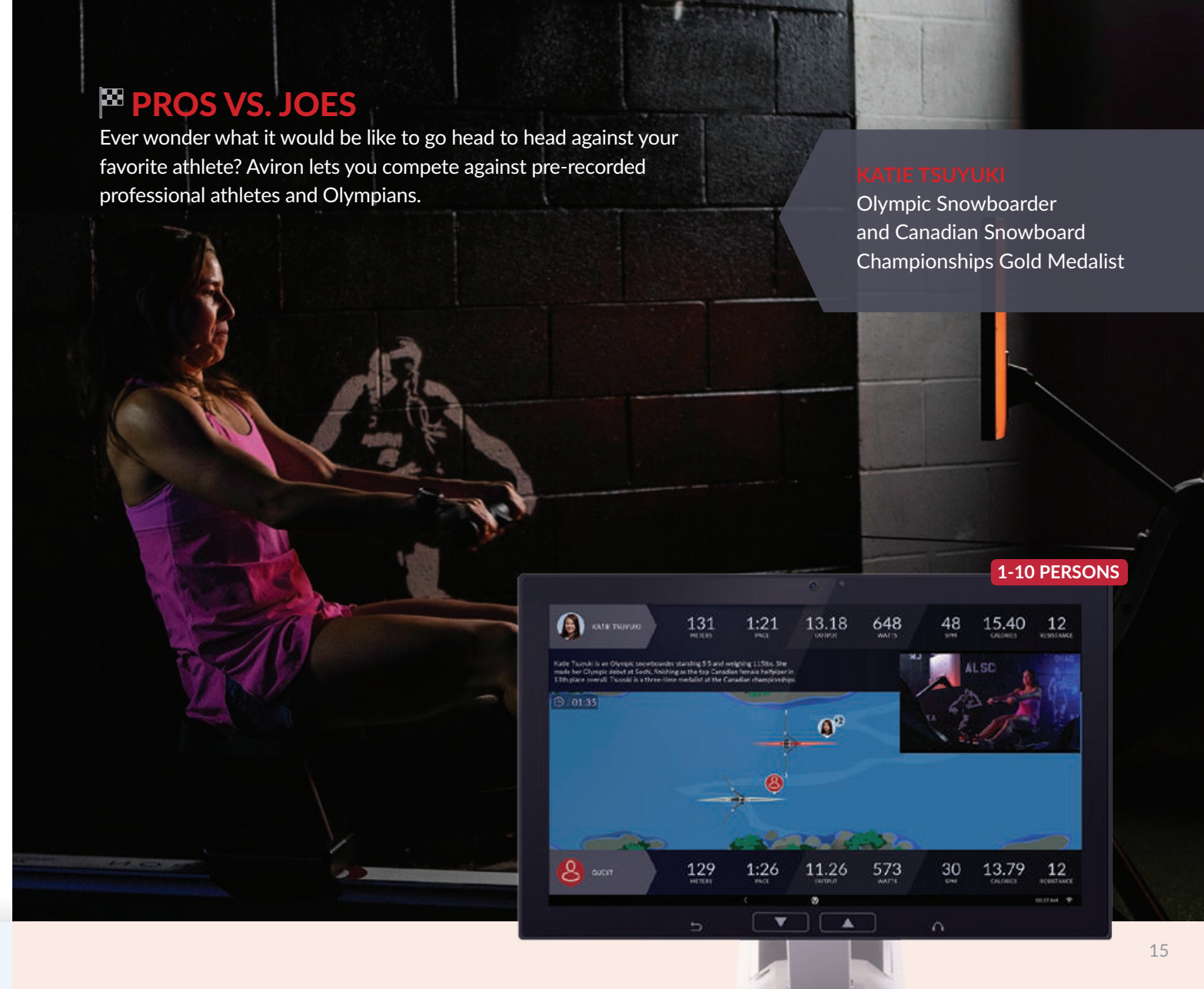


## PROS VS. JOES

Ever wonder what it would be like to go head to head against your favorite athlete? Aviron lets you compete against pre-recorded professional athletes and Olympians.

### KATIE TSUYUKI

Olympic Snowboarder  
and Canadian Snowboard  
Championships Gold Medalist







# TOUGH SERIES

ROWER

Commercial Grade





# TOUGH SERIES ROWER

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# TOUGH SERIES ROWER

The Tough Series Rower is a full commercial rowing machine designed to survive the usage demand of fitness facilities.

- **INNOVATIVE DUAL AIR & MAGNETIC RESISTANCE SYSTEM**

The gradual resistance delivered by the air system mimics the feeling of rowing through water, while the resistance delivered by the magnetic system provides exceptionally strong and smooth torque that can be adjusted on the fly.

- **EASY RESISTANCE ADJUSTMENT**

The dual resistance system can be easily adjusted during a challenge by using the touchscreen or external buttons to help you increase output, close the gap or extend your lead.

- **SWEAT PROOF**

Focus on your workout and push yourself further. Our equipment and touchscreen are sweat proof.

- **IMMERSIVE SOUND**

Two speakers pump out tunes and sound effects to make your immersive experience even more realistic.

- **CAMERA & MICROPHONE**

- **INDUSTRIAL POLY-V BELT**

The industrial strength belt requires no ongoing maintenance and operates quieter than traditional chain belts.

- **INNOVATIVE ADJUSTABLE FOOT PAD**

Our 4-way adjustable foot pads allow you to modify them to comfortably fit your feet.

- **ERGONOMIC SEAT**

Our specially designed ergonomic seat, with additional rear support, delivers a more comfortable workout.

- **LOW FRAME HEIGHT**

The low frame makes getting on and off the rower easy and safe.

- **EASY TRANSPORTATION**

With 2 wheels located at the front, transportation is easy. This model is not foldable.

- **PREMIUM CONSTRUCTION**

Having undergone over 1 million testing cycles, our rower can withstand even the toughest of workouts, while the oversized, anodized aluminum rail delivers high strength and stability.



# IMPACT SERIES ROWER

Home Use







# IMPACT SERIES ROWER

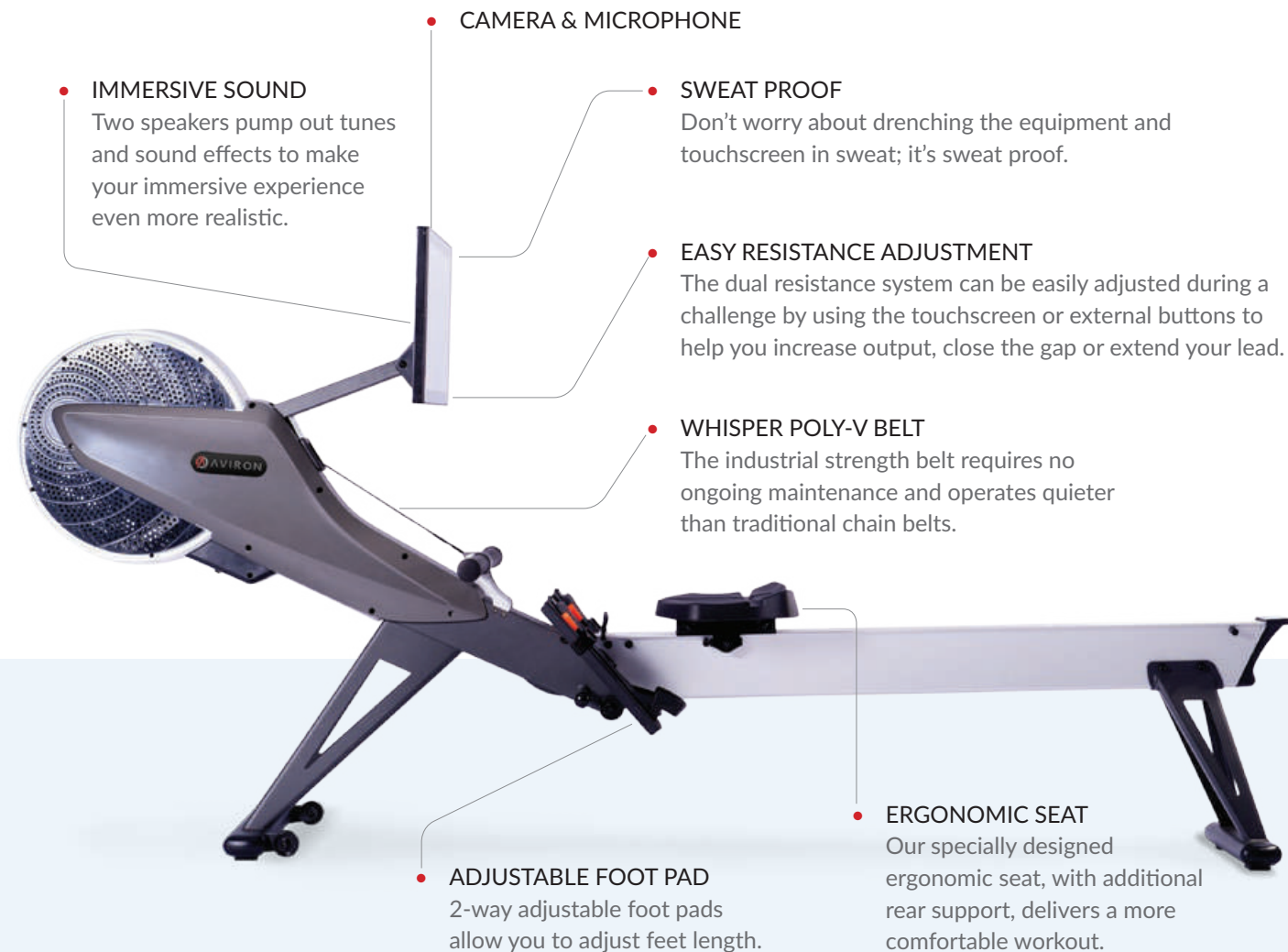
Home Use



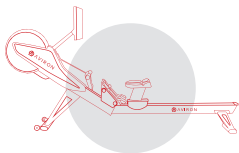


# IMPACT SERIES **ROWER**

The Impact Series Rower is designed for use in homes.



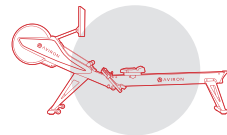
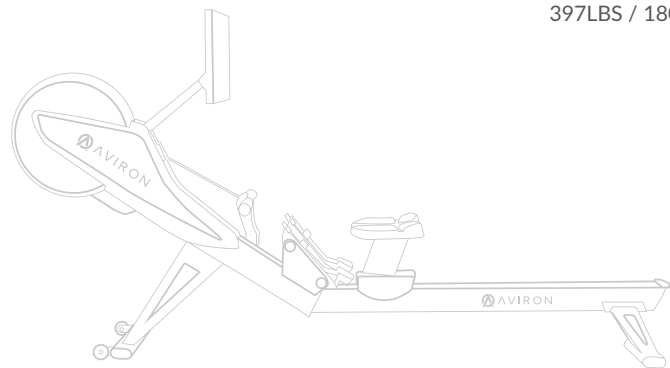




## TOUGH SERIES ROWER

<b>FRAME</b>
High strength aluminum
<b>RESISTANCE</b>
16 level dual air & magnetic system
<b>BELT</b>
Industrial Poly-V belt
<b>SEAT</b>
Ergonomic seat with extra rear support
<b>DIMENSIONS</b>
249.5 x 53 x 111 cm
<b>WEIGHT</b>
125LBS / 56.5KG

**MAX USER WEIGHT**  
507LBS / 230KG



## IMPACT SERIES ROWER

<b>FRAME</b>
High strength aluminum
<b>RESISTANCE</b>
16 level dual air & magnetic system
<b>BELT</b>
Whisper Poly-V belt
<b>SEAT</b>
Ergonomic seat with extra rear support
<b>DIMENSIONS</b>
246 x 53 x 108 cm
<b>FOLDED DIMENSIONS</b>
136 x 53 x 158 cm

**WEIGHT**  
93LBS / 42KG

**MAX USER WEIGHT**  
397LBS / 180KG



## TOUCHSCREEN

<b>SCREEN</b>
21.5" 1080P touchscreen
<b>PROCESSORS</b>
ARM 2.0Ghz dual core & 1.5Ghz quad core
<b>GRAPHICS</b>
ARM Mali-T864 GPU
<b>MEMORY</b>
4GB RAM
<b>STORAGE</b>
32GB eMMC flash
<b>OS</b>
Android 7.0
<b>WIFI</b>
802.11 b/g/n/ac
<b>ETHERNET</b>
10/100Mbps
<b>BLUETOOTH</b>
4.1
<b>CAMERA</b>
2 megapixel front-facing
<b>SPEAKERS</b>
2x2 watt stereo
<b>CERTIFICATIONS</b>
FCC, CE & IC



“ A fantastic product that should appeal to anyone wanting to be active and have fun doing it. As a pretty experienced rower, I was really impressed with the feel of fly wheel. In many ways, it actually has a more real water-like feel to it than other ergs. Very impressed and grateful to Aviron Interactive for making rowing off the water an enjoyable experience! ”

**Morgan Jarvis**  
Olympic Rower



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