



AVIRONPLAY USER MANUAL

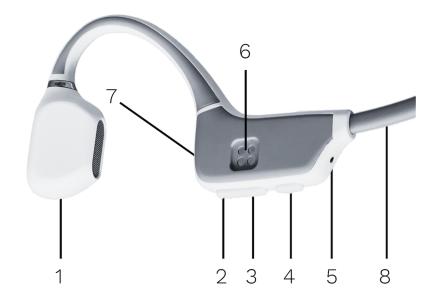
AVIRON ACTIVE END BORING WORKOUTS

We're delighted that you've selected the AvironPlay air conduction Bluetooth headphones. To ensure you get the most out of your experience, please review the instruction manual before using your new headphones.

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Product Overview and Specifications



- 1. Speaker
- 2.+ Button: Increase volume or skip to the next track
- 3.- Button: Decrease volume or go back to the previous track
- 4. Multi-function Key: Power On/Off, play/pause, and answer/end calls
- 5.LED Status Indicator
- 6. Charging Connectors
- 7. Microphone
- 8. Soft-touch Memory Steel Wire

Specifications:

- Weight: 22g (±0.5g)
- Headphone Type: Air Conduction
- Headphone Size: 126 x 108 x 45 mm
- Connectivity: Bluetooth v5.3
- Transmission Distance: Up to 10 meters
- Frequency Range: 20Hz 20kHz
- Playback Duration: Up to 8 hours
- Charging Time: 1.5 hours
- Charging Input: DC 5.0V = 150mA
- Battery Capacity: 155mAh
- Waterproof Rating: IPX5
- Operating temperature: -10°C to 45°C

Care and Maintenance

Battery Alert and Charging Instructions:

Initial Charge: Ensure your headphones are fully charged before initial use.

Charging Protocol: Ensure headphone charging connectors are dry and free of sweat before charging. After charging, disconnect the charger. Avoid charging for more than 12 hours continuously.

When the battery level drops below 10%, the red LED will begin flashing every 5 seconds, and a "low battery" prompt will alert you every 3 minutes. If the battery reaches zero, the headphones will automatically power off.

Only use the supplied magnetic charging dock, ensuring the correct orientation as shown below. During charging, the LED indicator will be red, and the headphones will automatically power off. Once charging is complete, the LED will change to blue.



Figure 1: Charging dock connection orientation

Essential Information:

- **Auto Power Off**: If not connected to a device, the headphones will automatically turn off after 5 minutes to conserve battery.
- **Liquid Exposure**: Do not submerge the product in any liquids to prevent damage.
- **No Modifications**: Do not dismantle, repair, or modify the product, as it may result in fire, electronic failure, or irreparable damage and will void any warranties with the product.
- **Proper Disposal**: Dispose of the product and its batteries according to local regulations to prevent fire or explosion hazards.
- **Temperature Caution**: Avoid exposing batteries and accessories to high temperatures, as it may compromise performance or safety.
- **Battery Handling**: Avoid disassembling, impacting, compressing, or exposing the battery to fire. If you notice any battery swelling, cease using the product immediately and seek assistance.

Operating Instructions

Bluetooth Pairing (First Time use):

- 1. Ensure the headphones are powered off.
- **2.** Press and hold the multifunction button for 2 seconds. A blue light will flash briefly, followed by alternating red and blue flashes.
- **3.**Open your device's Bluetooth settings. Select "Pair a new device" or "Search" to initiate the pairing process.
- **4.**Select "AVIRON PLAY" from the list of available devices. Choose "Pair" to establish the connection.
- **5.**Upon successful pairing, the headphones will remain in standby mode.



Bluetooth Pairing (Dual Connection):

- 1. Start by turning on the headphones and the original paired device.
- 2. Disconnect the headphones from the first device to initiate pairing mode.
- 3. Headphones will enter pairing mode automatically.
- 4. Initiate the search function on the second target device.
- 5. Pair the headphones with the second device.

With the dual connection feature, users will be able to pair their AvironPlay with any other device such a phone, enabling users to make or receive phone calls during workouts.

Power On:

- 1. Ensure the headphones powered off.
- **2.** Hold down the multifunction button for 2 seconds. A blue light will flash for 2 seconds, accompanied by an audio prompt.

Power Off:

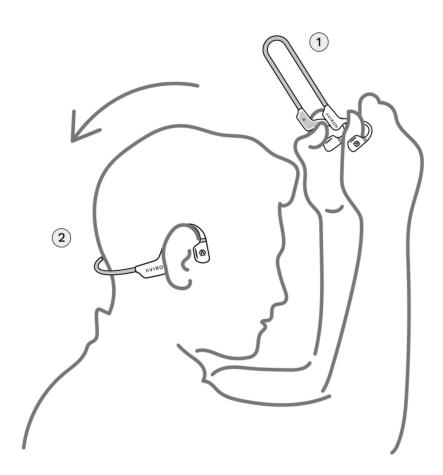
1. Hold down the multifunction button for 4 seconds. A red light will flash for 2 seconds and it will be accompanied by an audio prompt.

Disconnection and Reconnection:

If the target device moves out of Bluetooth range, the headphones will play a warning sound: 'device disconnected', and the connection will terminate. If reconnected within 3 minutes, it will resume automatically. If not, the headphones will enter standby mode and shut down after 5 minutes of inactivity to conserve battery.

Wearing the Headphones:

- 1. Hold the headphones with both hands by the ear-hook curve, and gently adjust the metal arch to fit your head size.
- 2. Place the headphones over the back if your head and position metal arch at the base at your neck, then place the ear-hooks over your ears.



Media Controls:

In standby mode, press the multifunction button once to play or pause media.

When connected to an Aviron screen, the play/pause button will function only when media is actively playing, i.e., while streaming or using Coached Classes.

Press the "+" button to increase the volume, and the "-" button to decrease the volume. By pressing and holding the "+" you can skip to the next track. Pressing and holding the "-" button allows you to go back to the previous track. Playback pauses momentarily when you reach the maximum or minimum volume levels.

Call Handling on Non-Aviron Device

These headphones can be used for communication when paired with a phone. Below are the commands for call handling:

- Answer Call: Press the multifunction button once to answer an incoming call.
- End Call: Press the multifunction button once to end an ongoing call.
- Reject Call: Press and hold the multifunction button for 2 seconds to reject any incoming calls.

Warranty

Your AvironPlay headphones are covered by a limited warranty. For detailed terms and conditions, please visit our website:

www.avironactive.com/support/general/warranty/

Support

If you have any trouble or problems, please visit our website on the support section:

www.avironactive.com/support/general/

Conformity Certifications



FCC Warning Statement

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment. This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and the receiver.
- Connect the equipment to an outlet on a circuit different from that to which the receiver is connected.
 - Consult the dealer or an experienced radio/TV technician for help.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

The device has been evaluated to meet general RF exposure requirements. The device can be used in portable exposure conditions without restriction.

IC Warning:

This device contains license-exempt transmitter(s)/receiver(s)/ that comply with Innovation, Science, and Economic Development Canada's license-exempt RSS(s). Operation is subject to the following two conditions:

- 1. This device may not cause interference and
- 2. This device must accept any interference, including interference that may cause undesired operation of the device.

Radiation Exposure: This equipment complies with Canadian radiation exposure limits set forth for an uncontrolled environment; To maintain compliance with IC's RF Exposure guidelines, This device and its antenna(s) must not be co-located or operated in conjunction with any other antenna or transmitter.

Déclaration de l'ISED Canada:

Cet appareil contient des émetteurs/récepteurs exempts de licence conformes aux RSS exempts de licence d'Innovation, Sciences et Développement économique Canada. L'opération est soumise aux deux conditions suivantes:

- 1. Cet appareil ne doit pas causer d'interférences et
- 2. Cet appareil doit accepter toute interférence, y compris les interférences pouvant provoquer un fonctionnement indésirable de l'appareil.

Exposition aux radiations: Cet équipement est conforme aux limites d'exposition aux radiations du Canada pour un environnement non contrôlé. Pour maintenir la conformité aux directives d'exposition RF d'IC, cet appareil et ses antennes ne doivent pas être co-localisés ou utilisés conjointement avec une autre antenne ou un autre émetteur.

ENDING BORING WORKOUTS



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